

12 FREE EASY MEASURES TO SAVE UP TO £800 AND REDUCE YOUR CARBON FOOTPRINT BY 2.8 TONNES

		£££ Saving (up to)	Carbon Saving (kg)
1	Don't leave appliances on standby	£37-50	450
2	Turn thermostat down by 1 degree	£40	250
3	Only boil as much water as you need	£20	125
4	Wash clothes at 30° instead of 40° and full loads	£15	90
5	Switch the lights off when you leave a room	£20	125
6	Have showers not baths	£40	350
7	Stop using the tumble drier & dry your clothes on the line	£70	200
8	Dust the condenser coils at the back of your fridge	£20	80
9	Stop throwing food away	£420	245
10	Take a free Eco Driving Lesson & Save £££	£120	300
11	Recycle plastic and cans	0	500
12	Opt out of junk mail	0	170
Total		£800	2800

How do these measures compare to installing Solar Thermal?*

Average Installation Cost:	£3,000
Average Annual Saving:	£50
Payback Time:	60 years
Carbon Savings:	260 kilos/year

* Figures obtained from the Energy Saving Trust